

**District 16 Midlands District**  
**2025 MDASA 200m-400m DISTANCE MEET**  
**(approx. 12:15 – 1:30pm)\***

**CLUB TIMEKEEPER ROSTER**

The smooth running of this Meet is reliant on Volunteer Timekeepers. Your assistance in this matter is greatly appreciated. Please can all clubs listed below ensure that they have supplied TWO timekeepers to each of the specified lanes for the duration of the meet.

Timekeepers should be ready to take their seats immediately prior to the conclusion of warm-up. Timekeepers should bring their own water bottle and snacks as required. All Timekeepers should record their name, Club and time period they were on duty in the Timekeeper log for their lane (in the clipboard).

Lane	Club
1	BLRT
2	BLRT
3	BLRT
4	BGCO
5	BGCO/BGOLD
6	BGOLD
7	BGOLD
8	BGOLD

\*Times are flexible and dependent on All Junior Selection Meet. Start time is approx. 30 minutes after conclusion of All Junior Selection Meet unless announced otherwise on the day.