

MDASA Distance Program

Conducted under S.V. and SAL Rules
Proposed Qualifying Meet



800m Freestyle

FRIDAY 6th October 2023

Ballarat Aquatic & Lifestyle Centre, Gillies St North, Lake Gardens VIC 3355

Warm up – 5.30pm **racing to start – 6pm**

Entries close **Monday 2nd October**

1500m Freestyle

RESCHEDULED for FRIDAY 24th November 2023 (subject to pool availability)

Ballarat Aquatic & Lifestyle Centre, Gillies St North, Lake Gardens VIC 3355

Warm up – 5.30pm, **racing to start – 6pm**

Entries **NOW** close **Monday 20th November**

Entry fee - \$12.50 per event

Enter Online via [Swim Central](https://swimcentral.com.au). See details on Midlands District Website

<https://midlands-swimming.org.au/>

Open to all SAL registered swimmers. MDASA reserve the right to close entries early to accommodate time constraints. In the event of the Meet being oversubscribed, Midlands District swimmers will be given priority.

To ensure that these meets are recognised as a Qualifying Meet **a minimum of two timekeepers** will be required for each lane, **it would be appreciated if each swimmer could provide at least one timekeeper.**

Lap counters will also be required.

Conditions of Distance Meet Entry

- ONE START RULE will apply
- [SV 11/Under Swim Suit Rule](#) Applies.
- Medals will be presented to the first three swimmers in the following age groups for male and female. 11/u and 12/13yr.
- Age as at day of the meet.
- 800m & 1500m Events will be swum on a mixed time trial basis, seeded by entry time.
- **LATE ENTRIES will not be accepted and NO REFUNDS***.
- Nominees agree to adhere to current Victorian Covid Rules and Restrictions, in addition to the Covid-19 terms and conditions listed in the Meet documentation on Swim Central. Swimmers, spectators and officials must read this prior to entering the Meet.
- DO NOT attend if you are unwell.
- All Meet details subject to change based on Victorian Covid Rules and Restrictions at time of Meet

For further information contact - entries@midlands-swimming.org.au

Jo Peters 0438 823965

MDASA Distance Program

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Proposed Qualifying Meet

200/400m Events

SUNDAY 11th February 2024

Ballarat Aquatic Lifestyle Centre, Gillies St N, Lake Gardens

Warm up will commence after the final event in the All Junior program.

Racing will commence approx. 30 mins after the completion of the last All Junior event.

Entries close Monday 5th February 2024



Event#		Event ¹
Male	Female	
1	2	400m Freestyle
3	4	400m IM
5	6	200m Freestyle
7	8	200m Butterfly
9	10	200m Backstroke
11	12	200m Breaststroke
13	14	200m IM

¹ Please choose only **ONE 400m event** and/or **ONE 200m event**. MDASA reserves the right to swim events of the same distance at the same time, depending on entries.

Entry fee per event - \$12 per event

Enter Online via [Swim Central](http://swimcentral.com.au). See details on Midlands District Website

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Open to all SAL registered swimmers. MDASA reserve the right to close entries early to accommodate time constraints. In the event of the Meet being oversubscribed, Midlands District swimmers will be given priority.

To ensure that this meet is recognised as a Qualifying Meet a minimum of two timekeepers will be required for each lane. **Your help ensuring that this occurs is greatly appreciated.**

Conditions of MDASA Meet Entry

- ONE START RULE will apply
- [SV 11/Under Swim Suit Rule](#) Applies.
- Age as at day of the meet.
- **LATE ENTRIES will not be accepted and NO REFUNDS.**
- Nominees agree to adhere to current Victorian Covid Rules and Restrictions, in addition to the Covid-19 terms and conditions listed in the Meet documentation on Swim Central. Swimmers, spectators and officials must read this prior to entering the Meet.
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