

# MDASA Distance Program

Conducted under S.V. and SAL Rules  
Proposed Qualifying Meet



## 800m Freestyle

**FRIDAY 6<sup>th</sup> October 2023**

Ballarat Aquatic & Lifestyle Centre, Gillies St North, Lake Gardens VIC 3355

Warm up – 5.30pm  **racing to start – 6pm**

Entries close **Monday 2<sup>nd</sup> October**

## 1500m Freestyle

**FRIDAY 10<sup>th</sup> November 2023**

Ballarat Aquatic & Lifestyle Centre, Gillies St North, Lake Gardens VIC 3355

Warm up – 5.30pm,  **racing to start – 6pm**

Entries close **Monday 6<sup>th</sup> November**

**Entry fee - \$12.50 per event**

Enter Online via [Swim Central](https://swimcentral.com.au). See details on Midlands District Website

<https://midlands-swimming.org.au/>

Open to all SAL registered swimmers. MDASA reserve the right to close entries early to accommodate time constraints. In the event of the Meet being oversubscribed, Midlands District swimmers will be given priority.

To ensure that these meets are recognised as a Qualifying Meet **a minimum of two timekeepers** will be required for each lane, **it would be appreciated if each swimmer could provide at least one timekeeper.**

Lap counters will also be required.

### Conditions of Distance Meet Entry

- ONE START RULE will apply
- [SV 11/Under Swim Suit Rule](#) Applies.
- Medals will be presented to the first three swimmers in the following age groups for male and female. 11/u and 12/13yr.
- Age as at day of the meet.
- 800m & 1500m Events will be swum on a mixed time trial basis, seeded by entry time.
- **LATE ENTRIES will not be accepted and NO REFUNDS\***.
- Nominees agree to adhere to current Victorian Covid Rules and Restrictions, in addition to the Covid-19 terms and conditions listed in the Meet documentation on Swim Central. Swimmers, spectators and officials must read this prior to entering the Meet.
- DO NOT attend if you are unwell.
- All Meet details subject to change based on Victorian Covid Rules and Restrictions at time of Meet

For further information contact - [entries@midlands-swimming.org.au](mailto:entries@midlands-swimming.org.au)

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